

**Essex County
Office for the Aging
132 Water St.
P.O. Box 217
Elizabethtown, NY
12932
(518) 873-3695**



**If you would like to help
fund any of these programs,
donations are accepted and
greatly appreciated!**

**Please make checks
payable to the Essex
County Treasurer and mail
them to Essex County
Office for the Aging.**



This brochure is funded through the Title III of the Older American Act, The New York State Office for the Aging, and the Essex County Board of Supervisors.

www.co.essex.ny.us/OFA.asp

Essex County Office for the Aging

*Our mission is to provide
leadership and advocacy
which creates an
environment enabling the
County's aging residents
to determine their own
destiny in a positive
productive manner.*

How We Can Help...

Outreach...

Our Outreach workers help to identify older adults who are in need and aid them in accessing services. Our staff will provide home visits and help in completing paperwork which may include, but not limited to, applications for Lifeline, insurance forms, Medicare, SNAP (food stamps), Medicaid, HEAP, etc.

Office for the Aging also works closely and makes referrals to other agencies such as Adult Protective Services, Cornell Cooperative Extension, Public Health Nurses, Coordinated Care Unit, Retired Seniors Volunteer Program (RSVP), Third Age Adult Day Care, Social Services, etc.

Some of Our Services Include...

Congregate Meal Sites

There are 13 congregate meal sites throughout the county where older adults enjoy a hot meal as well as socialization and educational, recreational and health related programs.

Home Delivered Meals

Meals are available for those older adults who are home bound or have a nutritional need. The program covers all the towns in Essex County and provides a healthy, hot meal as well as the benefit of a daily check on the senior's well-being.

Medical Transportation Clients 60 and over can contact the Transportation Department to arrange rides to medical appointments. (518) 873-3899

EISEP (Expanded In-Home Services for the Elderly Program) Directed at elderly individuals and couples who need homemaker or personal care services as well as a Lifeline unit.

Health Insurance Counseling Staff can assist with health insurance such as enrollment into Medicare plans, Prescription drug plans, etc.

Employment Opportunities Our office can help coordinate employment opportunities for individuals 55 and older.

Home Rehabilitation We can help older adults apply for home rehabilitation programs for those who cannot make necessary repairs.

Legal Services Office for the Aging contracts with a local lawyer to provide older adults basic legal assistance. Call us for an appointment.

Respite Care Office for the Aging can assist in connecting families to short term care that can help provide a break from the daily routine and stress involved with care giving.