

## NURSING ASSISTANT

**DISTINGUISHING FEATURES OF THE CLASS:** The work involves responsibility for providing routine nursing care, which is not required to be performed by a Licensed Practical or Registered Professional Nurse to residents in a long term care nursing facility. The work is performed under the direct supervision of the unit charge nurse in accordance with established policies and procedures. The incumbent does related work as required.

**Note:** *In compliance with OSHA, this position has a potential risk of exposure to bloodborne pathogens (blood/body fluids).*

### **TYPICAL WORK ACTIVITIES:** (Illustrative only)

Walks, feeds, bathes and cares for the personal need and comforts of assigned residents;  
Lifts and turns residents by method indicated on the resident's care plan;  
Takes temperature, respiration rate, pulse of residents under supervision of the registered nurse in charge;  
Cleans and sterilizes equipment by washing and application of antiseptic solution;  
Assists professional nursing personnel in carrying out assigned range of motion, promotion of self-help and independence activities and reality orientation;  
Bathes residents in bed, bathtub or shower;  
Assists residents with personal hygiene by shampooing and combing hair, cleaning and cutting nails, giving mouth washes, cleaning teeth and dentures;  
Fills residents bedside water pitchers and collects used glasses to be sanitized;  
Labels and stores resident's clothes and turns over valuables to person designated by the facility;  
Assists nursing staff in giving enemas, suppositories and applying simple hot packs and unsterile dressings;  
May assist with care and moving of room furniture, fixtures and supplies to help keep residents safe and comfortable;  
Makes beds and changes linen on a regular basis, or as otherwise directed;  
Supplies residents with soap, facial and toilet tissue, towels, wash cloths, etc.;  
Collects and bags soiled linens and cleans bed pans;  
Reports record of resident food intake and output;  
Assists residents with meals in bed or helps them to the dining area;  
Assists residents on outside field trips as requested.

### **FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:**

Ability to understand and carry out routine non-technical, oral and written directions relative to care of patients; physical strength and mental alertness; willingness to learn, cooperate and to carefully follow a prescribed routine; discretion; ability to get along well with others and to secure cooperation of patients; neatness; physical condition commensurate with demands of the position.

### **MINIMUM QUALIFICATIONS:**

Candidates must be listed in the New York State RHCF nurse aide registry at the time of employment or a nurse aide currently registered in another state's registry and eligible for reciprocity in New York State.

### **Nursing Assistant Trainees:**

Person who is participating in the clinical portion of a State approved RHCF training program or has completed the class and is waiting to take the next scheduled Nurse Aide Certification test.