

Department: Office for the Aging & Public Health Nursing
Classification: Competitive
Grade: _____

SPEC DISK B7
DOCUMENT 64

REGISTERED DIETITIAN

DISTINGUISHING FEATURES OF THE CLASS: This is important professional work involving responsibility for planning and overseeing nutritional aspects of the food delivery system. In addition, this position involves assessment of nutritional needs of recipients, planning for the provision of foods and drink appropriate for the individual's physical and medical needs, and providing nutrition education and counseling to adequately meet their regular and therapeutic needs. General direction is received from the Director with leeway allowed for exercise for independent professional judgement. Supervision may be exercised over the work of employees assigned to assist the Dietitian. The incumbent does related work as required.

TYPICAL WORK ACTIVITIES: (Illustrative only)

Assesses nutritional needs of recipients by comparing dietary intake against standards for nutrition of normal individuals;
Assesses and provides for the nutrient need of recipients as affected by medical regimens, drug therapy, physical limitations, etc.;
Develops dietary plan for providing nutritional care to recipients;
Confers with food service personnel, physicians and nurses relative to the nutritional plan for recipients;
Implements a monitoring system to determine need for adjusting recipients nutritional care plan;
Provides in-service dietary education for medical and allied personnel;
Counsels recipients and their families regarding therapeutic diets and normal nutrition;
Provides direction and guidance to the food service component of the dietetic service so that foods served are satisfying to the recipients and the preparation and service methods retain nutrients and inhibit the growth of micro-organisms;
Works with facility personnel to insure that assistance is afforded to recipients needing help with eating;
Advises on the purchase of food used in the facility as well as on safe and sanitary use of equipment in food service and preparation;
May act as a consultant to a facility not employing a full-time Dietitian;
Prepares a variety of records and reports related to dietary activities.

FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:

Thorough knowledge of the principles and practices of dietetics and diet therapy; thorough knowledge of the relationship of nutrient intake to health and to restorative and rehabilitative treatment; thorough knowledge of how various disease states and medical regimens alter nutrient needs; thorough knowledge of processes involved in food preparation and services, and ability to advise on organizing and directing these processes effectively, efficiently and economically; ability to keep accurate records and to prepare analytical reports in connection with the work; ability to follow oral and written directions; ability to get along well with others; physical condition commensurate with the demands of the position.

MINIMUM QUALIFICATIONS:

Graduation from a regionally accredited or New York State registered four year college or university with a Bachelor's degree in food and nutrition, and by the Commission on Dietetic Registration.

Based on Section 414.1b of the New York State Hospital Code.

Adopted: 07/25/97