



# Essex County Board of Supervisors

Resolution No. 346

December 4, 2018  
Regular Board Meeting

## RESOLUTION OF APPRECIATION TO THE ELIZABETHTOWN-LEWIS CENTRAL SCHOOL WELLNESS COMMITTEE

The following resolution was offered by Supervisor Monty, who moved its adoption.

Upon the recommendation of the Human Services Committee, with the approval of the Ways and Means Committee of this Body, and the same appearing proper and necessary.

**WHEREAS**, increased physical activity and nutrition reduces the health risk of child obesity, diabetes, and other chronic diseases; and

**WHEREAS**, increased physical activity and nutrition positively influences students' academic performance and behavior; and

**WHEREAS**, according to the New York State Department of Health, over 38% of Essex County's children are overweight or obese; and

**WHEREAS**, with the leadership of Superintendent Scott Osborne and School Wellness Champion Paul Buehler, the Elizabethtown-Lewis Central School Wellness Committee has secured ongoing funding from sources including Creating Health Schools and Communities, to increase students' access to physical activity and more nutritious foods; and

**WHEREAS**, the Elizabethtown-Lewis Central School Wellness Committee has successfully implemented several projects, including an indoor grow cart to teach students life skills and appreciation for fresh vegetables; installation of filtered water stations to ensure access to free, safe drinking water; new bicycles and curriculum for PE classes; and other equipment to increase students and staff opportunities for physical activities at school.

**BE IT RESOLVED**, that the Essex County Board of Supervisors, its Clerk of the

Board, County Manager and County Attorney hereby extend their appreciation and heartfelt thanks to the Elizabethtown-Lewis Central School Wellness Committee for their dedication to the health of their students and staff.

This resolution was unanimously seconded and duly adopted.

STATE OF NEW YORK, COUNTY OF ESSEX )ss:

I, JUDITH A. GARRISON, Clerk of the Essex County Board of Supervisors, do hereby certify that I have compared the foregoing copy with the original resolution filed in this office on the 4th day of December, 2018, and that it is a correct and true copy thereof.

IN TESTIMONY THEREOF, I have hereunto set my hand and affixed my official seal this 4th day of December, 2018.



*Judith A. Garrison*  
Judith A. Garrison  
Clerk of the Essex County Board of Supervisors